

Ongoing Projects/Manuscripts in Progress

- de Paula Couto**, M. C. P., Weiss, D., Casper, M., & Rothermund, K. (submitted). Contrasting paths to longevity: How personal and generalized views on aging differentially predict mortality.
- Rupprecht, F., **de Paula Couto**, M. C. P., Rothermund, K., & Nikitin, J. (submitted). Maintaining a young self-concept: Feeling younger or shifting age thresholds.
- Jessee, L., Kim-Knauss, Y., Nashef-Hamuda, R., Köttl, H., Schmitz, A., Cohn-Schwartz, E. & **de Paula Couto**, M. C. P. (submitted). Depressive symptoms after widowhood: Gendered patterns across different dimensions of social support from adult children.
- Weiss, D., **de Paula Couto**, M. C. P., Rothermund, K. (submitted). How social and temporal comparisons shape subjective aging.
- de Paula Couto**, M. C. P., Nikitin, J., Rupprecht, R. S., Graf, S. Fung, H. H., Hess, T. M., Liou, S., & Rothermund, K. (in preparation). Age-related differences in how developmental gains affect self-continuity across the life span.
- de Paula Couto**, M. C. P., Rupprecht, F. S., Riediger, M. & Rothermund, K. (in preparation). The prospective association between future self-perceptions of aging and life satisfaction: The mediating role of perceived control.

Main Scientific Publications (in Peer-Reviewed Journals)

- de Paula Couto**, M. C. P., Kim-Knauss, Y., Fung, H. H., Hess, T. M., Rothermund, K., & Lang, F. (in press). Time without you: Transition to widowhood and its impacts on attitudes towards time and the future. *European Journal of Ageing*.
- de Paula Couto**, M. C. P., Kornadt, A. E., & Rothermund, K. (in press). Age-specific predictors of changes in subjective life expectancy: A 10-year longitudinal study. *Gerontology*.
- Wirth, M., **de Paula Couto**, C., Pavlova, M. K., & Rothermund, K. (in press). Normative Beliefs for Older Adults and Volunteering Intentions. *Gerontology*.
- Wirth, M., **de Paula Couto**, M. C. P., Sander, P. M., & Rothermund, K. (2025). Social normative beliefs and older adults' volunteering – a daily diary study. *Current Research in Behavioral Sciences*, 8(100167).
- de Paula Couto**, M. C., Rothermund, K., Nakamura, C. A., Seward, N., van de Ven, P., Hollingworth, W., Peters, T. J., Araya, R., & Scazufca, M. (2024). 'Does it matter how old I feel?' The role of subjective age in a psychosocial intervention for improving depressive symptomatology among older adults in Brazil (PROACTIVE). *Aging & Mental Health*, 1–10. Advance online publication. <https://doi.org/10.1080/13607863.2024.2342959>
- Ludwig, V., Kessler, E-M., Warner, L. M., Chaparro, M. S. P., Rothermund, K., & **de Paula Couto**, M. C. P. (2024). "Who tells me when to stay active or to leave?" Age differences and predictors of prescriptive views of aging. *Aging and Mental Health*, 1-11. Advance online publication. <https://doi.org/10.1080/13607863.2024.2354333>
- Rothermund, K., & **de Paula Couto**, M. C. P. (2024). Age stereotypes: Dimensions, origins, and consequences. *Current Opinion in Psychology*, 55:101747. <https://doi.org/10.1016/j.copsyc.2023.101747>

- Hess, T. M., Park, J., **de Paula Couto**, M. C., Fung, H. H., & Rothermund, K. (2024). Selective engagement in preparations for aging. *Journals of Gerontology: Psychological Sciences*, 79(2), gbad167, <https://doi.org/10.1093/geronb/gbad167>
- de Paula Couto**, M. C. P., Nikitin, J., Graf, S., Fung, H. H., Hess, T. M., Liou, S., & Rothermund, K. (2023). Do we all perceive age discrimination in the same way? Cross-cultural differences in perceived age discrimination and its association with life satisfaction. *European Journal of Ageing*, 20, 43 (2023). <https://doi.org/10.1007/s10433-023-00790-x>
- Cohn-Schwartz**, E., **de Paula Couto**, C., Fung, H.H., Graf, S., Hess, T. M., Liou, S., Nikitin, J., & Rothermund, K. (2023). Contact with older adults is related to positive age stereotypes and self-views of aging: The older you are the more you profit. *Journals of Gerontology: Psychological Sciences*, 78(8), 1330-1340 <https://doi.org/10.1093/geronb/gbad038> **(are shared first authors)**
- de Paula Couto**, M. C., Rupprecht, F., Nikitin, J., & Rothermund, K. (2023). Willingness to live under impairment - Factors associated with desired longevity. *Innovation in Aging*, 7(8), <https://doi.org/10.1093/geroni/igad092>
- Kornadt, A. E., Weiss, D., **de Paula Couto**, M. C., & Rothermund, K. (2023). Internalization or dissociation? Negative age stereotypes make you feel younger now but make you feel older later. *Journals of Gerontology: Psychological Sciences*, 78(8), 1341-1348. <https://doi.org/10.1093/geronb/gbad057>
- Miller, C. A., Wilkins, C. L., **de Paula Couto**, C., Farias, J., & Lisnek, J. A. (2023). Anti-Black attitudes predict decreased concern about COVID-19 among Whites in the U.S. and Brazil. *Social Science & Medicine*, 320, 115712. <https://doi.org/10.1016/j.socscimed.2023.115712>
- Wirth, M., **de Paula Couto**, M. C., Pavlova, M. K., & Rothermund, K. (2023). Manipulating prescriptive views of active aging and altruistic disengagement. *Psychology and Aging*. Advance online publication. <https://doi.org/10.1037/pag0000763>
- de Paula Couto**, M. C. P., Ekerdt, D. J., Fung, H. H., Hess, T. M., & Rothermund, K. (2022). What will you do with all that time? Changes in leisure activities after retirement are determined by age-related self-views and preparation. *Acta Psychologica*, 231, 103795. <https://doi.org/10.1016/j.actpsy.2022.103795>
- de Paula Couto**, M. C. P., Fung, H. H., Graf, S., Hess, T., Liou, S., Nikitin, J., & Rothermund, K. (2022). Antecedents and consequences of endorsing prescriptive views of active aging and altruistic disengagement. *Frontiers in Psychology*, 13:807726. <https://www.frontiersin.org/article/10.3389/fpsyg.2022.807726>
- de Paula Couto**, M. C. P., Huang, T., & Rothermund, K. (2022). Age specificity in explicit and implicit endorsement of prescriptive age stereotypes. *Frontiers in Psychology*, 13:820739 <https://doi.org/10.3389/fpsyg.2022.820739>
- de Paula Couto**, C., Ostermeier, R., & Rothermund, K. (2022). Age differences in age stereotypes: The role of life domain and cultural context. *GeroPsych*, 35(4), 177-188. <https://doi.org/10.1024/1662-9647/a000272> *Editor's Choice
- Kornadt, A. E., **de Paula Couto**, C., & Rothermund, K. (2022). Views on aging – Current trends and future directions for cross-cultural research. *Online Readings in Psychology and Culture*, 6(2). <https://doi.org/10.9707/2307-0919.1176>

- Henrique, M. G., **de Paula Couto**, M. C. P., Araya, R., Mendes, A. V., Nakamura, C. A., Hollingworth, W., van de Ven, P., Peters, T. J., & Scazufca, M. (2021). Acceptability and feasibility of a psychosocial intervention (PROACTIVE) for older adults with depression in a basic health unit in São Paulo, Brazil: A qualitative study. *BMC Public Health*, 21:2278. <https://doi.org/10.1186/s12889-021-12402-3>
- Rothermund, K., **de Paula Couto**, M. C. P., Fung, H., Graf, S., Hess, T. M., Liou, S., & Nikitin, J. (2021). Age-related attributions of experienced changes in life: Origins and implications. *Journals of Gerontology: Psychological Sciences*, 76(5), 881-893. <https://doi.org/10.1093/geronb/gbaa160>
- Van de Ven, P., Araya, R., **de Paula Couto**, M. C., Henrique, M. G., Meere, D., Vilela Mendes, A., Peters, T. J., Seabra, A., Franzin, R. M., Carvalho Pereda, P., & Scazufca, M. (2019). Investigating Software Requirements for Systems Supporting Task-Shifted Interventions: Usability Study. *Journal of Medical Internet Research*, 21(11), e11346. doi: 10.2196/11346
- Scazufca, M., de Paula Couto, M. C., Henrique, M. G., Mendes, A. V., Mtijasevich, A., Pereda, P. C., Franzin, R. M., Seabra, A., Van de Ven, P., Hollingworth, W., Peters, T. J., & Araya, R. (2019). Pilot study of a two-arm non-randomized controlled cluster trial of a psychosocial intervention to improve late life depression in socioeconomically deprived areas of São Paulo, Brazil (PROACTIVE). BMC Public Health**, 19:1152. doi: <https://doi.org/10.1186/s12889-019-7495-5> **(are shared first authors)**
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- Chen, J. M., **de Paula Couto**, M. C., Sacco, A. M., & Dunham, Y. (2018). To Be or Not to Be (Black or Multiracial or White): Cultural Variation in Racial Boundaries. *Social Psychological and Personality Science*, 9(7), 763–772. doi: <https://doi.org/10.1177/1948550617725149>
- de Paula Couto, M. C. P., & Wentura, D. (2017). The Go/No-go Priming Task: Automatic evaluation and categorization beyond response interference. Cognition & Emotion**, 31, 892-911. doi: 10.1080/02699931.2016.1179625 **(are shared first authors)**
- Scazufca, M., de Paula Couto, M. C. P., Huang, H., Kester, R., et al. (2016). Public stigma towards older adults with depression: Findings from the São Paulo-Manaus elderly in primary care study. PLOS One**, 11(6): e0157719. doi: 10.1371/journal.pone.0157719 **(are shared first authors)**
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- Sacco, A. M., **de Paula Couto**, M. C. P., Koller, S. H. (2016). Construction and validation of the White, Pardo, and Black Children Picture Set (BIC-Multicolor). *Psychology & Neuroscience*, 9, 68-78. doi: 10.1037/pne0000040
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- Menezes, C. B., **de Paula Couto**, M. C., Buratto L. G., Erthal F., Pereira M. G., Bizarro L. (2013). The improvement of emotion and attention regulation after a 6-week training of focused meditation: A randomized controlled trial. *Evidence Based Complementary and Alternative Medicine*, 1-11. doi: 10.1155/2013/984678

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Books and Book Chapters

- de Paula Couto, C., & Rothermund, K. (2022).** Prescriptive views of aging: Disengagement, activation, wisdom, and dignity as normative expectations for older people. In Diehl, Manfred, Palgi, Yuval, & Shrira, Amit (Eds.) *Subjective Views of Aging: Theory, Research, and Practice* (pp. 59-75). Cham, Switzerland: Springer Nature. <https://link.springer.com/book/10.1007/978-3-031-11073-3>
- de Paula Couto, M. C. P., & Rothermund, K. (2019).** Ageism and age discrimination at the workplace— A psychological perspective. In Michel E. Domsch, Désirée H. Ladwig, & Florian C. Weber (Eds.), *Vorurteile im Arbeitsleben - Unconscious Bias erkennen, vermeiden und abbauen* (pp. 57 - 80). Springer Gabler: Germany
- de Paula Couto, M. C. P., & Wentura, D. (2017).** Implicit ageism. In Todd Nelson (Ed.), *Ageism - Stereotyping and Prejudice against Older Persons* (2nd ed., pp. 37-76). Cambridge, MA: MIT Press.
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- de Paula Couto, M. C. P., & Marques, S. (2016).** Atitudes em relação ao envelhecimento: Vamos falar sobre idadismo? [Attitudes towards older adults: Let's talk about Ageism?]. In Deusivânia V. S. Falcão, Ludgleydson F. Araújo, & Janari S. Pedroso (Eds.), *Velhice: Temas emergentes nos contextos psicossocial e familiar [Aging: Emergent topics in psychosocial and Family contexts]* (pp. 17-32). Campinas, Brazil: Alínea.
- Koller, S. H., **de Paula Couto, M. C. P., Hohendorff, J. V. (2014).** *Manual de Produção Científica [Handbook of Scientific Production]* (pp. 1-191). Porto Alegre, Brazil: Penso.
- de Paula Couto, M. C. P. (2014).** Como manejar o tempo na academia [How to manage time in Academia]. In Sílvia H. Koller, Maria Clara P. de Paula Couto, & Jean Von Hohendorff. (Eds.), *Manual de Produção Científica [Handbook of Scientific Production]* (pp. 167-177). Porto Alegre, Brazil: Penso.
- de Paula Couto, M. C. P., Novo, R. F., Koller, S. H. (2009).** Relações entre rede de apoio social, bem-estar psicológico e resiliência na velhice [Associations among social support, psychological well-being, and resilience in later life]. In Deusivânia V. S. Falcão, & Ludgleydson F. Araújo. (Eds.), *Psicologia do Envelhecimento: Relações Sociais, Bem-Estar Subjetivo e Atuação Profissional em Contextos Diferenciados [Psychology of aging: Social relations, subjective well-being, and professional exercise in specific contexts]* (vol. 1, pp. 29-46). Campinas, Brazil: Alínea.
- de Paula Couto, M. C. P., Koller, S. H., & Novo, R. F. (2006).** Resiliência no envelhecimento: Risco e proteção [Resilience in later life: Risk and Protection]. In Deusivânia V. S. Falcão, & Cristina M. S. Brito Dias (Eds.), *Maturidade e velhice: Pesquisas e intervenções psicológicas [Maturity and aging: Research and intervention]* (vol. 2, pp. 314-318). São Paulo, Brazil: Casa do Psicólogo.
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